

Perth

Two resident Olympians share their favourite places in Qatar Airways' latest destination.

Barcelona

Oryx explores Barcelona in search of some of the city's most exciting restaurants.

برشلونة

تصديكم مجلة "الهيا" إلى برشلونة لاكتشاف بعض أفضل مطاعم هذه المدينة المدهشة.

بيرث

لاعبان أولمبيان مقيمان في بيرث يتحدثان حول أماكن ترفيههما المفضلة في أحدث وجهة في شبكة الخطوط الجوية القطرية.

الرياضة
ORYX





BURKHARD KIEKER

Burkhard Kieker has been chief executive officer of *visitBerlin.de* (Berlin Tourismus & Kongress GmbH) since January 2009 and is thus the city's senior tourism and marketing adviser. He previously headed the Marketing and Corporate Communications department of Berlin Airports. A trained journalist, Burkhard offers readers of *Oryx* a historic Berlin experience on page 30.



LOLA AKINMADE ÅKERSTRÖM

Lola Akinmade Åkerström is an award-winning freelance writer, photographer, and blogger (*blogs.sweden.se*) based in Stockholm, Sweden. Her work regularly appears in many major international travel magazines and publications. Originally from Nigeria and a naturalised US citizen, she has dispatched from six continents focusing on travel, culture, lifestyle, and food-related stories. For *Oryx* Lola writes on how to enjoy Stockholm in 24 hours, on page 36.



NICOLE FRANCHINI

A freelance travel writer, United States-born Nicole Franchini has lived in Italy for 25 years, and currently resides in Rome. Her 20 years as writer, hotel inspector, and researcher for the *Karen Brown Guides*, selecting and promoting charming hotels throughout the country, are the foundation of her expertise in the hospitality industry. For *Oryx*, Nicole talks with jeweller Roman Giuseppe Petochi about his favourite street in Rome, page 38.



NELL McSHANE WULFHART

Nell McShane Wulfhart lives in Seoul and writes about travel, technology, and news in Asia. She has written for *Reuters*, *The Wall Street Journal*, *Robb Report*, and the *South China Morning Post*, to name just a few. In this month's *Oryx*, Nell meets up with Seoul master craftsman, Sim Yong-sik, who is preserving the cultural heritage of Korea. See page 52.



SAVAN WIJEWARDENE

A colourful and varied career in journalism has taken Savan Wijewardene from his native Sri Lanka to every inhabited continent and to some very obscure and beautiful corners of the world. Currently an editor at the *Beijing Review*, he has thrown himself into documenting the rise of the Middle Kingdom and is currently based in Beijing, which he believes might be the world's best city at present. For *Oryx*, he examines the legacy of the 2008 Olympic Games, page 70.



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OLYMPIC HOST 1912 & 1956



24 hours in Stockholm

Words by Lola Akinmade Åkerström Illustration by Patrick Hruby

Connect Stockholm, Sweden → Distance: 4,585 km → Flight time: 6 hours, 35 minutes → Frequency: Daily

IT TOOK AUTHOR STIEG LARSSON'S WIDELY POPULAR

MILLENNIUM crime trilogy to break Sweden's stereotypical image of blondes driving Volvos and shopping at IKEA; revealing a richly diverse and complex side of the country's photogenic capital city, Stockholm.

With more than 28,000 islands within its greater archipelago, Stockholm sits on 14 islands – from ritzy **Östermalm** and wooded eco-paradise **Djurgården** to old-school **Gamla stan** and bohemian chic **Södermalm** – each a testament to its diversity.

Stockholm's nautical flair means locals are water babies, and often found outdoors sprawled across green parks soaking up any sunlight while digging into seafood sandwiches. Renowned for its sustainable eco-friendly culture, time in Stockholm means dropping cans and food wrappers in separate recycling rubbish bins, making way for

bicycles, reusing shopping bags, and limiting your carbon footprint by walking everywhere. Minimalist Scandinavian design and trendy fashion with simple clean lines reign supreme here, fostered by the unspoken Swedish cultural norm – *lagom* – which means 'everything in moderation'.

The **1912 Summer Olympics (Games of the V Olympiad)** welcomed Japan as Asia's first participant. Passing out in the heat, Japan's Shizo Kanakuri could not finish the marathon. Some 50 years later he discovered that he was officially 'missing', and returned to post a time of 54 years, 8 months, 6 days, 8:32:20.3.

GETTING AROUND



subway

Prime for people-watching, Stockholm's *tunnelbana* (T-bana) network conveniently links its islands. Subway tickets are also valid on other public transportation.



ferry

Ferries regularly depart from Nybroviken and Slussen towards Djurgården and other islands within Stockholm's archipelago, and are a fantastic way of enjoying Stockholm.



walk

Ditch the car and stick to your feet. Stockholm's labyrinth of alleys and pedestrian-friendly streets make it perfect for strolling from island to island.



bicycle

Blend in with locals and rent a bicycle for roughly €28 (US\$36) a day to explore some of the city's 760+ kilometres of winding bike paths.

08:30

Pick up a bike from Strandvägen and explore green island, **Kungliga Djurgården** – home to **Skansen**, an open-air museum and zoo; rose gardens and apple orchards at **Rosendal**, and lush parks.

09:30

Ride over to Vasa Museum to marvel at an impressive 17th century Viking ship around which the museum was constructed. The ship sank on its maiden voyage in 1628 without leaving the harbour.

11:00

Ride back to the centre to catch a *Dagens rätt* – daily lunch special – at **Café Panorama** on the fifth floor of iconic **Kulturhuset** with views over main square **Sergels torg**, and **Drottninggatan**.

12:15

Dash to catch the changing of the guards at Kungliga slottet – the royal palace – in historic **Gamla stan**. Wander the streets, picking up odd souvenirs and enjoy hot chocolate from **Chokladkoppen** at **Stortorget**.

14:30

Housed in a 1906 Art Nouveau-style industrial waterfront building, wander **Fotografiska Museum's** 2,500 square metres of exhibition space, checking out contemporary and fine art photography.

15:45

Take the scenic cliff-edge route along **Monteliusvägen** for photo opportunities of **Lake Mälaren**, **Riddarholmen**, and **Gamla stan** – as you head towards bohemian **Södermalm**.

16:15

Learn to fika like a local, which means enjoying coffee with a sugary cinnamon bun or other fluffy sweet pastry at **Café Muggen**, a European-style eco-friendly bistro along **Götgatan**.

17:00

Go vintage shopping in the eclectic **SoFo**. Stop at **Sneakersnstuff**, **Lisa Larsson** for 30s-70s couture fashion, **Tjallamalla** for shoes and accessories, and **Coctail** for nostalgic plastic knick-knacks.

20:00

Start off with the SOS plate of pickled herring, almond potatoes, and sharp cheese. Then finish off with homemade traditional meatballs in gravy with lingonberry while fending off football fans at **Kvarnen**.

23:00

Scurry back to Stureplan to mingle with Stockholm's hip crowd, and dance the night away from your choice of after-work lounges like **Riche**, and dance clubs in upmarket **Östermalm**. 🍸

→ 100 years after hosting the Olympic Games, Stockholm's Jubilee Marathon will be on the same date and route this July.