



What does sexy mean to you?

Q:

Lola Akinmade

Stockholm, Sweden

"Incredible Edible Eggplant"

Sexy to me means confidence. Simple as that. An understated confidence in yourself and what you know well without being arrogant or feeling the need to constantly verbalize. I feel sexiest when I'm actively taking care of and nurturing all aspects of me—mind, body, spirit—at the same time.



Marcia Cole, *Brooklyn, New York*
"Evolution of Beauty"

Sexy means adoring yourself and what you stand for. I feel sexiest when I've closed a deal, made a delicious meal, when I curl up on the couch to watch a great movie or when I've come across a great "aha" moment about my growth.

I find President (Barack) Obama sexy because he is a brilliant at his job, cares about the well-being of others, loves his wife and children, and has the drive and determination to reach for the stars without losing sight of what's really important.



Aisha Iman Jefferson, *Atlanta*
"London Hotels on a Budget"

Sexy is definitely an energy that's born from within. Sure a person can put on "sexy" clothes and do "sexy" things, but true sexiness is more natural and doesn't require doctoring. It's an essence. And everyone is capable of having it. I feel sexy with newly hairless legs! There's something about touching my smooth brown gams that gives me confidence. I also feel sexy when I have a pedicure or am freshly showered!

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